

prevent

Strained Neck & Myopia!

We are often unaware of the effects of bad posture until certain parts of our body experiences pain.

For instance, prolonged reading in an unnatural posture often result in strained neck and stiff shoulders.

Moreover, as notebook computing becomes integral in our daily life, it too presents a new set of concerns. And it's a fact of life that working on notebook computers on a desk or your lap may not be ideal for our body posture.

However, bad posture can be corrected through the use of simple devices.

For example, the use of a **reading-stand** can aid in maintaining a good reading posture. Similarly, a **notebook-stand** can raise the notebook display screen to a comfortable eye-level viewing.

PORTA BOOK is a reading / notebook stand that helps you maintain a proper posture. An innovation from Italy, it is ideal for offices, schools, and homes.



Reading a book placed flat on a table forces your head to tilt downwards. Over time, this often leads to strained neck and aching shoulders.



To maintain a proper posture, incline the book such that your head and neck are in its natural position.

Reading-Stand



Notebook-Stand



Working on notebooks make your body bend down and shift forward such that your back forms a curve. This often leads to strained neck, aching shoulders and back.



To reduce neck strain, elevate the display to provide a comfortable eye-level viewing. For intensive typing, connect a full size keyboard to reduce pain in wrists.



Available Colors:



pearl white

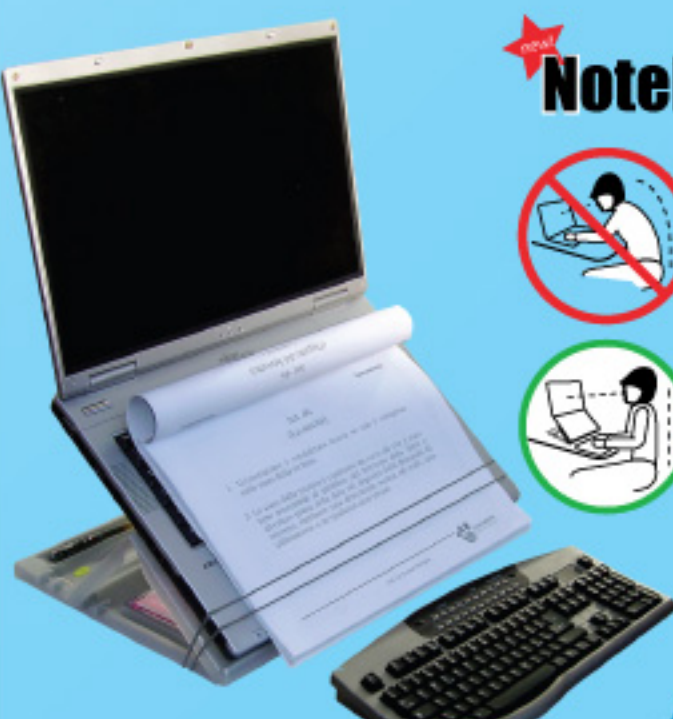


pearl blue



metalized gray

Size: 370(w) x 276(h) x 28(d) mm
Weight: 380g



PORTA BOOK

Made in Italy

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